

# IMMEDIATE DENTURE INSTRUCTIONS



## OUACHITA DENTAL + IMPLANT CENTER

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- For the first 24 hours, your immediate denture is not to be removed from your mouth. If the denture is removed, swelling may occur that will make it difficult or impossible to replace the denture.
- After 24 hours or per a predetermined appointment, you will see your dentist for a checkup, at which time you will be given a new set of instructions for how to care for your denture.
- After extractions, do not rinse, spit, smoke, or suck on a straw. Do not rinse your mouth vigorously. Do not drink any hot beverages or carbonated beverages. Refer to Extraction Post-Operative Instructions for additional information on mouth care after tooth extraction.
- Your immediate denture not only replaces your missing teeth, but it is acting to protect the surgical site, control swelling, and control bleeding. The denture needs to be in place to be effective.
- The fit of your immediate denture will change as your mouth heals from the extraction of your teeth. As healing occurs, the dental ridges change shape and generally shrink in size. An immediate denture is often only a temporary denture which will require replacement or relining after your mouth has completely healed.
- Patients will experience discomfort and, possibly, difficulty eating and speaking. For some, discomfort may last only a few days while others may experience a longer period of time adjusting to their immediate denture. Being patient and staying positive is critical to having a good outcome.
- The immediate denture will need to be adjusted and/or relined to compensate for the changes that will take place in your mouth as your gums heal. You will be instructed by your dentist to return for periodic appointments to monitor your mouth for changes that will require denture adjustments.
- After the dental extraction socket tissue has healed—which can take two to six weeks—you can use a denture adhesive paste or powder to help stabilize your denture.
- The bone, however, can take at least 6 months to heal and fill in with new jaw bone, at which time your dentist will speak to you about replacing your immediate denture with a permanent denture or making a permanent reline.
- Please call us if you need assistance.