

POST-OPERATIVE INSTRUCTIONS FOR DENTAL IMPLANTS



- Take all your prescribed medications as directed.
 - You must take your antibiotics. One of the potential complications following implant surgery is the risk of infection. Taking your prescribed antibiotics as directed almost eliminates the risk and ensures proper healing of your implant and gum tissue.
 - It is also important to take your anti-inflammatory and analgesic medications. Because implant placement is a surgical procedure, you can expect some pain and swelling, although minimal. Taking these prescribed medications drastically reduces post-operative pain and swelling and helps ensure you return to your normal activities as quickly as possible.
- Avoid smoking for as long as possible; five-seven days are ideal.
- Avoid using straws for drinking – if a bone graft was placed, this will likely cause the bone graft to be suctioned out of the socket/implant site.
- Rest as much as possible
- If you experience swelling during the first 24 hours, feel free to place ice packs over your mouth to aid in swelling.
- Soft foods are advised for the first 4-5 days – liquids are permissible but feel free to eat more filling foods that are softer (i.e. potatoes, pasta, scrambled eggs, chicken breast, etc.)
 - Hard, crunchy, or spicy foods can irritate the surgical site and slow healing.
- If you are wearing a temporary partial, please avoid wearing when at home or not around other people. This ensures proper healing and oxygen to the surgical site.
 - If in public or around friends/family absolutely wear the temporary partial.
- Avoid brushing the surgical site – brush all other teeth as normal.
- Do not pull on your lips or cheeks to look at the surgical site.
- YOU MUST RETURN TO ALL OF YOUR POST-OP VISITS.
 - This allows us to monitor any complications that arise and treat them accordingly.
- Please contact us if you think there are issues that need evaluating.